



## Breakfast Menu – all day, everyday

We source only the best local and Irish ingredients to bring you fresh, uncomplicated, delicious food.

### From the Grill.....

<b>Karoo Special Breakfast</b>	<b>€10</b>
Fried eggs, 2 dry cured bacon rashers, 2 sausages, black & white pudding, grilled mushroom, grilled tomato & toast	
<b>Mini Breakfast</b>	<b>€9</b>
Fried egg, 2 dry cured bacon rashers, 2 sausages, grilled tomato & toast	
<b>Veggie Breakfast</b>	<b>€9</b>
2 Fried eggs, grilled mushrooms, grilled tomato, baked beans & toast	
<b>Fried or Scrambled Eggs &amp; Grilled Tomato</b>	<b>€7</b>
with toast	
Add Smoked Salmon	<b>€1</b>
<b>Healthier</b>	<b>€8</b>
Fried egg in coconut oil, saute cherry tomato, mushrooms, avocado, quinoa & low GI toast	
<b>Breakfast with a Kick</b>	<b>€9</b>
Scrambled egg with spicy chorizo, grilled tomato, grilled mushroom & brown sourdough toast	
<b>Burrito</b>	<b>€8</b>
Cheezy scrambled eggs, crisp bacon, black pudding, avocado salsa and chopped spinach	

### Brekkie Bagels.....

<b>Karoo Breakfast Bagel</b>	<b>€8</b>
Dry cured bacon rashers, black & white pudding, sausages & fried egg on a toasted sesame bagel with red onion relish.	
<b>Smoked Salmon &amp; Cream Cheese Bagel</b>	<b>€7</b>

### So Healthy....

<b>Organic Muesli</b>	<b>€5</b>
Served with milk and honey	
Add Fruit	<b>€1</b>
<b>Porridge Oats</b>	<b>€6</b>
Served with milk and honey	
Add Fruit	<b>€1</b>

### Hot Drinks.....

<b>Espresso</b>	<b>€2</b>
<b>Double Espresso</b>	<b>€2.50</b>
<b>Americano</b>	<b>€3</b>

<b>Cappuccino</b>	<b>€3.25</b>
<b>Latte</b>	<b>€3.25</b>
<b>White Coffee</b>	<b>€3.25</b>
<b>Hot Chocolate</b>	<b>€3.25</b>
Add marshmallows	<b>25c</b>

<b>Mocha</b>	<b>€3.25</b>
<b>Add Syrup (Vanilla / Caramel / Hazelnut)</b>	<b>50c</b>
<b>Tea</b>	<b>€2.50</b>
<b>Herbal Teas</b>	<b>€2.75</b>
Camomile / Earl Grey / Wild Berry / Green / Peppermint / Rooibos / Caramel Rooibos / Decaf	

### Other Drinks.....

<b>Fresh Smoothie of the Week</b>	<b>€3.50</b>
<b>Orange Juice</b>	<b>€2</b>
<b>Ballycross Apple Juice</b>	<b>€2.50</b>
<b>Soda's</b>	<b>€2.50</b>
Coke / Diet Coke / Zero / Fanta / 7 up / 7 up Free	
<b>San Pellegrino Flavoured</b>	<b>€2.50</b>
Orange / Lemon / Orange & Pomegranate	
<b>Lorina Cloudy Lemonade</b>	<b>€3</b>
<b>Lorina Pink Lemonade</b>	<b>€3</b>
<b>Still Water 500ml</b>	<b>€2.50</b>
<b>Sparkling Water 500ml</b>	<b>€2.50</b>
<b>Still Water 750ml</b>	<b>€3.50</b>
<b>Sparkling Water 750ml</b>	<b>€3.50</b>

### Desserts.....

<b>Fruit Scone</b>	<b>€2.50</b>
<b>Cupcake</b>	<b>€2.50</b>
<b>Muffin</b>	<b>€2.50</b>
<b>Chocolate Brownie with cream</b>	<b>€4</b>
<b>Rocky Road square with cream</b>	<b>€4</b>
<b>Apple OR Rhubarb Tart with cream</b>	<b>€4.50</b>
<b>Apple OR Rhubarb Crumble with cream</b>	<b>€4.50</b>
<b>Lemon Drizzle Cake with cream</b>	<b>€4.50</b>
<b>Coffee &amp; Walnut Cake with cream</b>	<b>€4.50</b>
<b>Carrot &amp; Walnut Cake with cream</b>	<b>€4.50</b>
<b>Mini Homemade Cake</b>	<b>€5.50</b>
<b>Gluten Free Squares with cream</b>	<b>€4</b>

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